LEGEND SUBSTANCES AS EXEMPLIFIED IN TRADITIONAL BOTANICAL AND HERBAL PHARMACOPOEIA PER RCW 18.36A.020(10) AND WAC 246-836-210(9)

UPDATED 01/27/2004

Acetic Acid (for example, AciJel; Acetic acid otic solution USP)

Amyl Nitrate

Anticholinergic agents (including belladonna and atropine)

Antidiarrheals

Antimicrobials – non-injectable forms only

Cineraria maritime

Colchicine

Diuretics (limited to thiazide, loop, potassium-sparing only)

Digestive Enzymes (including pancreatin and pancrelipase)

Ephedrine

Epinephrine

Ergot Preparations and Derivatives (including ergonovine, ergotamine tartrate and methylergonovine)

Estrogens (including diethylstibesterol, ethinyl estradiol, estradiol, quinestrol, estropipate, and conjugated estrogens)

Gallstone Solublizing Agents (bile salts and acids)

Glucocorticoids (including hydrocortisone) – topical application only

Hydrochloric acid

Laxatives

Lithium (including lithium carbonate) - non-psychiatric dosages only

Methylene blue

Nicotine

Oxytocin

Papain

Papaverine

Pepsin

Pilocarpine

Podophyllum

Progesterones (including progestogen, medroxyprogesteron acetate, norethindrone acetate, and norgestrel)

Procaine (also eligible under RCW 18.36A.020(12))

Quinine (including quinidine)

Rauwolfia (including reserpine)

Scopolamine (Hyoscyamus and derivatives, including scopolamine and hyoscyamine sulfate USP)

Silver Nitrate

Stool Softeners

Theophyllin

Thyroids (including thyroid USP; thyroglobulin; pork thyroid "liquid" capsules; USP; levothyroxine sodium USP; liothyronine tablets; and liotrix tablets USP)

Urinary Tract Agents (antiandrogens, Proscar, Flomax)

Urea (for example: Amino-Cerv)

Yohimbine HCI

VITAMINS, MINERALS, TRACE MINERALS AND NATURAL FOOD ELEMENTS PER RCW 18.36A.020(6) AND RCW 18.36A.020(10)

Vitamin A

Thiamin (Vitamin B1)

Riboflavin (Vitamin B2)

Niacin (Vitamin B3)

Pantothenic acid including dexpanthenol (Vitamin B5)

Pyridoxine (Vitamin B6)

Cyanocobalamin or hydroxocobalamin (Vitamin B12), including intrinsic factor

Folic Acid

Biotin

Ascorbic acid (Vitamin C)

Vitamin D (including calcitriol, cacifidiol, ergocalciferol)

Vitamin E

Calcium compounds

Magnesium compounds

Potassium compounds

Fluoride compounds

Iron compounds

lodine (including potassium iodide and niacinamide hydroiodide)

Zinc compounds

Trace Mineral compounds (chromium, selenium, molybdenum, vanadium, boron)

Amino Acids (including but not limited to n-acetylcysteine, levocarnitine and amino acid combinations)

Liver Preparations

Vitamin K

Calcium folinate (Leucovorin calcium)